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A COMPLETE HEALTH MAGAZINE

Volumn III Issue VII June - 2017

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Contents

















Honouring Champions of Healthcare

ear readers,

Thanks for your continued support! We really appreciate your long association with us. You will be glad to know that this time we are bringing to you a special issue on Double Helical National Health Awards 2017.

The prestigious event of the Indian healthcare sector witnessed a high profile gentry including eminent doctors, bureaucrats, politicians and social workers. This initiative to recognise and honour innovation and dedication in healthcare was widely appreciated. The Double Helical award recipients are champion healers whose extraordinary efforts in fulfilling the goals, values, and mission of inclusive healthcare were duly recognised at a credible platform.

Celebrating and promoting the finest achievements in the medical field since 2016, Double Helical Awards have grown to become the most-sought-after event in healthcare sector. Honouring the healthcare professionals and institutions that have genuinely made a difference to people's lives, Double Helical provides a platform to recognise innovation, people, products and services that are helping to transform the healthcare sector in the country and ushering in affordable, high quality and inclusive healthcare for patients. No wonder that Double Helical awards has become a mega annual event, keenly-awaited in the healthcare sector of the country.

This is the third time when the awards were conducted by the magazine. In March 2016, Double Helical launched the first Double Helical Conclave and National Health Awards in New Delhi to take a closer look at the current scenario, discuss the way forward for the sector and recognise and reward excellence in the healthcare arena. The discussions and speeches brought forth fresh perspectives through engaging dialogues with the healthcare visionaries, experts, and other key stakeholders, while the awards ceremony honoured the deserving professionals and institutions working for the betterment of healthcare services. The event was followed by 'Double Helical State Health Awards-Rajasthan' at Jaipur, in November 2016.

Apart from awards, this special issue also carries a very informative and breaking story "Battle Against Diarrhoea." In India, about 1.2 lakh children under the age of five succumb to diarrhoea every year. The Health Ministry has recently launched intensified efforts to reduce child deaths due to diarrhoea, and made it a national priority to bring health outcomes among children to a level equitable with the rest of the world.

According to the Health Ministry, there are around 10 crore children below five years of age across the country and last year thanks to the interventions carried out as part of IDCF, about 6.3 crore children were reached. This year in order to expand the cover, the target is to cover all the under-5 children.

In an apt recognition of his tireless efforts to control the consumption of unhealthy products, Union Health and Family Welfare Minister J P Nadda was recently honoured with WHO Award for Global Tobacco Control.The award was presented to him by Dr Poonam Khetrapal Singh, Regional Director, WHO South-East Asia at the 'National Consultation on Accelerating Implementation of WHO Framework Convention on Tobacco Control (FCTC) for achievement of SDGs'.

Accepting the award. J P Nadda attributed it to the collective endeavour of the ministry, members of NGO, social activists, civil society organizations and many more who are contributing to this cause in their own ways across the country. He added that tobacco is a prime driver of poverty; it affects the family, the community and the country as a whole, and requires a multispectral approach to control it.

The ministry deserves accolades for the steps it has been taking to tackle serious health issues such as the increasing trend of alcohol and tobacco consumption. Significantly, tobacco users have reduced by 81 lakhs and the consumption of tobacco by the youth sees a marked decrease. There has been a 54% relative reduction in prevalence of tobacco use among minors (15-17 years) and 28% reduction in the age group of 18-24 years. Further, age of initiation among youth has also increased by one year. But this is not enough. The government has to do a lot more to reduce the intakeof harmful substances and discourage their promotion at various levels.

There are many more such insightful, engaging and interesting stories to broaden your horizon on healthcare issues. Happy reading to you all!

> Warm regards, Amresh K Tiwary, Editor-in-Chief



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Double Helical National Health Awards 2017, the definitive event of Indian healthcare industry, saw keen participation of a galaxy of eminent personalities from medical, socio-political fields. The glittering awards ceremony felicitated outstanding contributions made by doctors, healthcare providers and allied institutions serving the ailing humanity **BY VISHAL DUGGAL**



0 acknowledge the extraordinary contribution of healthcare providers, medical practitioners and institutions from all over the country, India's leading health magazine Double Helical organised National Health Awards 2017 in New Delhi on 29th May 2017. More than 400 doctors and prominent persons from various fields witnessed the mega awards ceremony organised to encourage the quality work being done in the healthcare sector. The awards were given in various categories including awards for social commitment and sustainable or green living.

The award event was graced by eminent personalities who included J P Nadda, Union Minister for Health and Family Affairs as Chief Guest, accompanied by Smt Mridula Sinha, Governor of Goa; Sharad Tripathi, MP (Lok Sabha) from Uttar Pradesh, and Shamsher Singh Manhas, MP (Rajya Sabha) from Jammu and Kashmir as Guests of Honour. Other important persons present on the occasion included Dr K K Aggarwal, National President, Indian Medical Association (IMA); Dr A K Agarwal, Professor of Excellence, Maulana Azad Medical College; Dr Vinay Agrawal, Ex-National President, IMA and Founder Chairman, Max Superspeciality Hospital, Vaishali; and Mr Amresh Kumar Tiwari, Editorin-Chief, Double Helical.

Double Helical Health Awards is a platform that recognises innovation,





people, products and services that are helping to transform healthcare sector in the country and ushering in affordable, high quality and inclusive healthcare for patients. It is a mega annual event, keenly-awaited in the healthcare sector of the country. This is the third time when the awards were conducted by the magazine. In March 2016, Double Helical launched the first Double Helical Conclave and National Health Awards in New Delhi to take a closer look at the current scenario, discuss the way forward for the sector and recognise and reward excellence in the healthcare arena. The discussions and speeches brought forth fresh perspectives through engaging dialogues with the healthcare visionaries, experts, and other key







Cover Story - Double Helical Health Awards 2017









stakeholders, and awards ceremony honoured the deserving professionals and institutions working for the betterment of healthcare services.

It was followed by 'Double Helical State Health Awards-Rajasthan' at Jaipur, in November 2016.

By organizing the National Health Awards 2017, the magazine took the capital by storm. Eminent persons from the medical, social and political fields took a keen part in the night long momentous event of the Indian healthcare sector. Saluting the healthcare stalwarts of the country, the event saw the who's who of the healthcare industry, socio-political fields rubbing shoulders, networking and learning from each other.

The programme began with lighting of the lamp by the Chief Guest and other eminent people. It was followed





by a soulful rendition of Ganesh Vandana; inspiring speeches made by the Chief Guest, Guests of Honour, and stalwarts of the medical field, and presentation of awards to the deserving winners. In between the award proceedings, the audience was entertained with delightful cultural performances.

It was an immaculate award show that honoured and felicitated the healthcare community for their tireless efforts towards the realisation of Health for All. The winners on the awards night were extremely happy and joyous at the recognition of their efforts and hard work at such a prestigious level. The awardees were chosen after a rigorous selection amongst the medical community pan-India. The different award categories acknowledged the efforts of the flagbearers of the Indian healthcare sector in providing the best medical care with a healing touch.

The awards were given away by Chief Guest J P Nadda, Union Minister







for Health and Family Affairs, and Guests of Honour - Smt Mridula Sinha, Governor of Goa; Sharad Tripathi, MP (Lok Sabha), and Shamsher Singh MP (Rajya Sabha). Manhas. Appreciating the efforts of the magazine in acknowledging excellence in the medical field, J P Nadda quipped, "Happy to have attended the **Double Helical National Health Awards** 2017, in august presence of Hon'ble Governor of Goa Smt. Mridula Sinha ji. My best wishes to all the recipients of these prestigious awards. I thank them for rendering outstanding services to the community."

By organising the awards third time in a row, Double Helical has lived up to its promise of successfully organising the bellwether event of the healthcare industry. The event will now be followed by similar gala events to be held in various states.

The awards aimed to take a look at the macro and micro factors, the current scenario and the way forward for the healthcare sector. Focused on the changing healthcare dynamics, especially the steps being taken to forge a brighter future for the sector, the event saw a galaxy of world famous doctors, top politicians, bureaucrats, social activists, industry











officials, experts, top notch realty players and other stakeholders converge under a prestigious banner to hold deliberations over the significant healthcare issues.

Double Helical Healthcare Awards 2017 served as a testimony to the hard work of medical fraternity in developing the best healthcare and promoting state-of-the-art diagnostic and treatment facilities. As Dr K K Aggarwal, National President, Indian Medical Association (IMA), rightly puts it: "The Double Helical Healthcare Awards confer recognition on the healthcare players for their outstanding achievements. Through this continuing endeavour, we recognise and reward the best practices in the health sector. The Awards establish the deserving







winners as epitome of excellence in the healthcare sphere. The magazine has made history by successfully organising three award ceremonies since 2016."

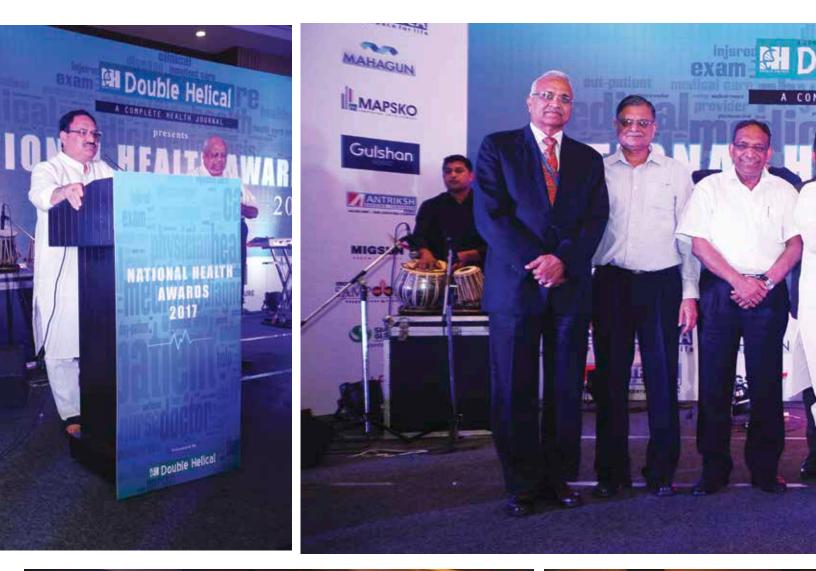
Prior to the awards ceremony, the event had evoked a huge response with an increasing number of people logging on to the link www. doublehelicalawards.com to file their nominations.

Says Dr A K Agarwal, Prof of Excellence & Ex-Dean, Maulana Azad Medical College, "Double Helical was launched in 2014, and the magazine has traversed a very long distance since then. The Awards are meant to provide a prestigious platform to recognise the contributions made by healthcare players towards the further growth of the profession. What we have basically attempted is to create benchmarks in breaking the conventional forms of award ceremonies and bestow the awardees with the recognition they would want





























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to proudly disseminate through various platforms."

The last edition of the Double Helical Healthcare Awards 2016 too was marked by participation of top doctors, healthcare professionals, medical experts and policy-makers, amongst others. The Double Helical Healthcare Awards 2017 emerged in a new avatar with newer, wide-ranging categories to identify and felicitate the meritorious healthcare players.

The awardees were chosen through a rigorous selection process presided

over by a highly credible jury comprising experts and opinion leaders from the healthcare industry and other stakeholders to select winners across various categories. The eminent jury was headed by Dr K K Aggarwal as Chairman. The other jury members included Dr R N Tandon ; Dr Vinay Agarwal; Ex-President, IMA; Dr Girdhar Gyani; Dr Suneela Garg, Director Prof and Head Community Medicine, Maulana Azad Medical College, and Dr Ved P Mishra.

The event served as an appropriate

recognition of the extraordinary contribution made by healthcare institutions and professionals in terms of quality, attention and patient satisfaction. A galaxy of stalwarts from healthcare sector and luminaries from various fields converged under a credible media banner to be a part of the event.

Applauded by a cheering crowd, the jubilant winners of Double Helical National Health Awards 2017 received honour and recognition for their outstanding contributions. In the words











































of Amresh K Tiwary, Editor-in-Chief, Helical, "The Double Awards acknowledge the efforts of the creditable healthcare players in creating landmark medical institutions, developing infrastructure facilities and promoting state-of-the-art patient care facilities. With the passage of time, our magazine has become not only a renowned platform for recognising the best in the healthcare sector but it has also turned out to be a reliable guidepost and source of authentic medical news and views for readers."





"Happy to have attended the Double Helical National Health Awards 2017, in august presence of Hon'ble Governor of Goa Smt. Mridula Sinha ji. My best wishes to all the recipients of these prestigious awards. I thank them for rendering outstanding services to the community."

J P Nadda, Union Minister for Health and Family Affairs



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Amresh K Tiwary, Editor-in-Chief, Double Helical



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Dr K K Aggarwal, National President, Indian Medical Association (IMA)

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> **Dr A K Agarwal,** Prof. of Excellence & Ex-Dean, Maulana Azad Medical College







"Against the backdrop of the rapid advances in knowledge, we need to recognise and honour innovation and best practices in the Indian health and wellness industry. The Double Helical award recipients are medical champions whose outstanding efforts are fulfilling the goals, values, and mission of inclusive healthcare. The Awards recognise, celebrate and promote the finest achievements in the medical field. Since 2016, the Awards have grown to become the most-sought-after event in healthcare sector. I am happy that the magazine honours the healthcare professionals and institutions that have genuinely made a difference to people's lives."

Dr Vinay Agrawal,

Ex-National President, IMA and Founder Chairman, Max Superspeciality Hospital, Vaishali

"I am happy to receive the award for Excellence in Paediatric Haematology and Liver Transplant. Over the years, I have seen Double Helical to become a credible platform to recognize and reward those who have come up with new ways to improve health outcomes, enhance patient experiences and improve the health and wellbeing of the people. The magazine is doing a great job in honouring individual doctors and institutions that are making significant contributions to patient care with a healing touch."

Dr Neelam Mohan,

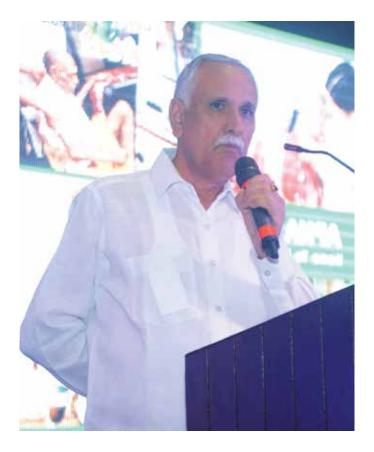
Director, Department of Paediatric Gastroenterology Hepatology & Liver transplantation, Medanta Medicity Hospital





"I am happy to be a part of Double Helical Health Awards, a prestigious event which recognises outstanding initiatives to transform the country's healthcare ecosystem. I have found it to be a great way to celebrate innovation and excellence, and promote the best practices in India's growing healthcare industry. I am happy to give away the awards that recognise the extraordinary work of the people on the frontline of healthcare services. The award categories reflect the amazing diversity of talent available in the medical field."

Sharad Tripathy, Member of Parliament (Lok Sabha) from Uttar Pradesh



"It's my privilege to present Double Helical awards to outstanding professionals who are advancing public health. The Awards showcase the dedication and commitment of the people who work tirelessly to provide sustainable high quality health services for the people of country. The award winners I interacted with told me that the recognition gives a huge boost to their spirit to serve the patients. It really raises the morale of dedicated professionals and highlights examples of outstanding practice and innovation in the medical field."

Dr Shamsher Singh Manhas,

Member of Parliament (Rajya Sabha) from Jammu and Kashmir



List of Recipients of Double Helical National Health Awards 2017

1	Outstanding Work in Undertaking Specialized Sur- gical Procedures in Rural Areas	Dr Annamma Madukayil Luka
2	Pioneering Work in Establishing Advance Neonatal Intensive Care	Dr Dineshkumar Chirla Padmarao
3	Healthcare in Establishing Robotic Onco Gynaecsurgical Program	Dr Rama Joshi
4	Pioneering work in Heart Transplant Surgery in India	Dr. K R Balakrishnan
5	Healthcare in Paediatric Nephrology	Kishore Phadke
6	Outstanding Work in Providing Medical Care to HIV Positive Patients	Dr Glory Alexander
7	Pioneering work in Emergency Medicine & Disaster Management	Dr Aruna C. Ramesh
8	Healthcare in Diagnostic Acumenship and Patient care	Dr Vinay Verma
9	Outstanding Record in Knee Replacement Surgery with his Own Innovation of "Zero Technique"	Dr. Vikram I. Shah
10	Healthcare in Paediatric Gastroenterology and Hepatology	Dr Anupam Sibal
11	Healthcare in Medicine and Nephrology	Dr N P Singh
12	Outstanding Contribution in Neonatology by Way of Using 'Room Air for New Borne Resuscitation	Dr Siddarth Ramji
13	Outstanding Contribution in Management of Spinal Cord Injuries	Dr H S Chhabra
14	Healthcare in Hepato-Gastroenterology Services	Dr Brij Agrawal
15	Outstanding Contribution in Orthopaedic Joint Replacement and Spine Surgery	Dr Yash Gulati
16	Healthcare in Paediatric Haematology and Liver Transplant	Dr. Neelam Mohan:

17	Outstanding Work in Bone Marrow Transplant	Dr Dharma Choudhary
18	Pioneering Work in Establishing Accredited Medical Laboratory Services in Bihar	Dr Anjana Singh
19	Outstanding Contribution in Delivering of Quality Medical Services for the Armed Forces	Vice Admiral (Dr) Bipin Puri
20	Leadership Role in Establishing State-of-the-Art Trauma Centre	Dr M C Misra
21	Outstanding Work in Cardio-Vascular Surgeries for Under-Privileged Children	Dr T S Mahant
22	Outstanding Work in the Field of Ophthalmology by Phacoemulsification Procedures	Dr Mahipal S. Sachdev
23	Outstanding Work in the Field of Ophthalmology	Dr Ashok Grover
24	Healthcare in ENT Services	Dr Saurabh Varshney
25	Outstanding Contribution in Disabled Rehabilitation Services	Dr Sara Varughese
26	Outstanding Work in Public Health Services	Dr Kirti Bhushan
27	Healthcare in delivery of Cardiology Services	Dr Sushil Sharma
28	Outstanding Work in the Field of Ophthalmology	Dr Atul Kumar
29	Outstanding Work in Pulmonary Treatment	Dr Randeep Guleria
30	Outstanding Contribution in the Field of Maternal Health	Dr PuneetaMahajan
31	Healthcare in Cadaver Renal Transplant and Laparo- scopic Live Donor Nephrectomy	Dr Rajiv Sood
32	Setting up of First Super Specialty Tertiary Care Hospital in the NE Region	Dr NC Borah
33	Pioneering Work in the Field of Medicine	Dr NP Misra

Awardees of No Quality Life without Good House

- 1. Eros Group: Best Developer promoting Green Quality Living Houses
- 2. Mahagun India: Best Developer for Mid-Luxury Healthy Living Quality Homes
- 3. Exotica Housing: Best Developer for Promoting Wellness Homes
- 4. Gulshan Homz: Best Developer for Super Branded Healthy Living Homes
- 5. MAPSKO Group: Best Developer to Promoting Quality Homes
- 6. Signature Global: Best Developer for Promoting Eco Friendly Affordable Homes
- 7. Migsun Group: Best Green Promoter of Quality Affordable Houses
- 8. Antriksh India: Best Developer to Develop Eco Friendly Homes for Doctors

Social Work

- 1. Usha Thakur: Best Social Activist
- 2. Dr Kalpna Bhushan: Best Services in Promoting Young Dance Talent



Profiles of Winners of Double Helical National Health Awards 2017



Dr Annamma Madukayil Luka: For Outstanding Work in Undertaking Specialized Surgical Procedures in Rural Areas

Dr Annamma Madukayil Luka, surgeon par excellence, is rendering her services from the very inception of Holy Cross Hospital, Ambikapur, Surguja, Chhattisgarh as Chief Surgeon and Medical Superintendent (since 1976). She has been dedicated all her life for the service of the poor, downtrodden and marginalized.



Dr Dineshkumar Chirla Padmarao: For Pioneering Work in Establishing Advance Neonatal Intensive Care

Dr Dineshkumar Chirla Padmarao is Head of the Department & Director-Intensive Care Services at Rainbow Children's Hospital, Hyderabad. He was a key member in establishing a tertiary children's hospital in Hyderabad and surrounding states. He holds Guinness World Record for assembling the largest number of preterm babies under one roof.

Dr Rama Joshi: For Excellence in Establishing Robotic Onco Gynaecsurgical Program

Dr Rama Joshi is an acclaimed Gynae-Oncosurgeon of international repute. She has played a pioneering role in India over two decades. Currently, she is the Director, Department of Gynae-Oncology at Fortis Memorial Research Institute, Gurugram, where she has established a world-class Robotic Surgery program.







Dr K R Balakrishnan: For Pioneering work in Heart Transplant Surgery in India

A pioneer in the field of heart transplantation and organ preservation, he has done 170 heart transplants, the highest in India and Asia, with excellent results. He has helped establish transplant programs in Delhi, Mumbai and Pune.



Dr. Kishore Phadke: For Excellence in Paediatric Nephrology

Dr Kishore D Phadke, considered as a "Father of Paediatric Nephrology in India", is known for his immense contributions to the development of Paediatric Nephrology and improving outcomes of children with kidney diseases in India.

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Dr Glory Alexander: For Outstanding Work in Providing Medical Care to HIV Positive Patients

Dr Glory Alexander has worked in the field of HIV/AIDS for the last 21 years. She is a gold medallist in MD Medicine from Christian Medical College and Hospital, Vellore, Madras University.

Dr. Vikram I. Shah:

For Outstanding Record in Knee Replacement Surgery with his Own Innovation of "Zero Technique"

Dr. Vikram I. Shah, MS (Orthopaedics) is known all over the world for his surgical process called "Zero Technique," which has revolutionized the Total Knee Replacement Surgery. He is the Founder Chairman & Managing Director of Shalby Hospitals, Ahmedabad, a multi-specialty hospital chain with 8 fully operational hospitals and 3 newly set up units to its crown. As a clinician, par excellence, his life mission is "Sustaining Quality of Human Lives" which gets reflected in every activity he undertakes, be it clinical excellence, research or academics.







Dr Aruna C. Ramesh: For Pioneering Work in Emergency Medicine & Disaster Management

Dr Aruna Chala Ramesh, completed her MD and DNB in Anaesthesiology in 1994 and started her career at Ramaiah Medical College & Hospitals, Bangalore. Her interest in improving emergency care in Bangalore, led her to study the emergency medical systems at Winston specialty Hospital, UK. Professor Aruna established the Emergency Medicine department in 2004 at Ramaiah Hospital, Bangalore. As a researcher, Dr. Aruna is currently spearheading research in a national task force on road traffic accidents and an international ST elevation myocardial infarction "systems improvement programs".



Dr Vinay Verma: For Excellence in Diagnostic Acumenship and Patient Care

Dr Verma is currently the CEO of Alchemist Hospital at Panchkula. He is MD in Internal Medicine & has more than three decades of clinical experience. He is contributing in providing quality healthcare to people of Haryana over the past 27 years. Dr Verma is a physician who is exemplary with respect to diagnostic acumen, knowledge, and a scholarly approach to clinical practice.



Vice Admiral (Dr) Bipin Puri: For Outstanding Contribution in delivering of quality Medical Services for the Armed Forces

He has been Honorary Surgeon to the President of India (PHS) in June 2016. He was awarded Vishisht Seva Medal on 26 Jan 17

Dr Anjana Singh: For Pioneering Work in Establishing Accredited Medical Laboratory Services in Bihar

Dr Anjana has an experience of 31 years in Laboratory Medicine. She set up her laboratory with the aim to provide the ailing population of Bihar with quality laboratory Services. In 1991, the laboratory was equipped with fully automated equipment in networked environment. It was first of its kind in Bihar. In constant effort to maintain the quality, the laboratory was accredited by NABL in 2003. No other laboratory in Bihar and Jharkhand has got accreditation till 2014. It is the only accredited lab in Patna amongst local labs.





Dr Anupam Sibal: For Excellence in Paediatric Gastroenterology and Hepatology

Prof Sibal is the Group Medical Director of Apollo Hospitals, New Delhi and a Senior Paediatric Gastroenterologist and Hepatologist at the Apollo Centre for Advanced Paediatrics. He helped set up the first successful paediatric liver transplant program in India in 1998. Since 2012, the Apollo Transplant Program is the busiest solid organ transplant program in the world.

He has more than 95 publications in medical journals, has served on the editorial board of three journals and edited a text book of paediatric gastroenterology and hepatology.





Dr N P Singh: For Excellence in Medicine and Nephrology

Dr Narinder Pal Singh, Medical Advisor and Senior Director, Medicine in Max Super Speciality Hospital, Vaishali, formerly at prestigious Maulana Azad Medical College, has outstanding clinical acumen, exceptional teaching skills, and research ability. He is an astute administrator too. He has more than 150 publications in national and international peer reviewed and high impact journals, He is a recipient of more than half a dozen fellowships including FACP, FRCP Edn, FAMS and awards. Dr. Singh has done exemplary work in Community Nephrology and has been organizing frequent kidney disease detection camps. He is the Chief Coordinator of 'World Kidney Day' in Delhi for the last 6 years.



Dr Siddarth Ramji:

For Outstanding Contribution in Neonatology by Way of Using Room Air for New Borne Resuscitation

Dr Siddarth Ramji, Professor of Neonatology and Dean, Maulana Azad Medical College, has made significant contributions to shaping the newborn health policy in India. His pioneering research on the use of room air in delivery room resuscitation of newborns has changed neonatal care globally and, now the use of room air for newborn resuscitation is the universally adopted standard of care.

Dr H S Chhabra: For Outstanding Contribution in Management of Spinal Cord Injuries

Dr H S Chhabra, MS (Orthopaedics) is a renowned spine surgeon affiliated with Indian Spinal Injuries Centre as its Chief of Spine Service & Medical Director. He is President Elect, International Spinal Cord Society (ISCoS) and Association of Spine Surgeons of India (ASSI), Member of Board of Governors, ISIC & Regional Spinal Injury Centres at Mohali, Cuttack and Bareilly. He has been honoured with ISCoS Society Medal Award 2013, XXIII National Excellency Award by TP Jhunjhunwala Foundation 2013, Order of the Star of the Italian Solidarity 2007 and Rashtriya Rattan Award 2006. eLearnSCI. org, a web based educational resource and ISCoS Textbook on 'Comprehensive Management of Spinal Cord Injuries' are his major educational accomplishments. He has won the ASSI Research Award for five years in succession.







Dr Neelam Mohan: For Excellence in Paediatric Haematology and Liver Transplant

A pioneer in paediatric liver transplant, Dr Neelam Mohan is Director, Department of Paediatric Gastroenterology Hepatology & Liver transplantation, Medanta Medicity Hospital, Gurugram.



Dr Brij Agrawal: For Excellence in Hepato-Gastroenterology Services

Dr Brij Kishore Agarwal has been providing specialized hepatogastroenterology services for more than 37 years. He was actively involved in organization of gastroenterology services at KMC Manipal and IGIMS, Patna. He has been "President of Endoscopy Society of India." He is providing Health Education to public through books, press and media. He is also providing Hepatitis B Screening + Vaccination free of cost to thousands of people for more than 10 years. His "Spiritual Wellness Centre" which is a sort of "Day-care old age home" is going to function very soon.



Dr Yash Gulati: For

Outstanding Contribution in Orthopaedic Joint Replacement and Spine Surgery

Dr Gulati is internationally known in the field of Joint Replacement, Spine Surgery and Sports Injury Management. Presently Senior Consultant at Apollo Hospital Delhi, Dr Yash Gulati was Hon. Consultant to Indian Armed Forces and Border Security Force, only one in India to have all these honours. He has popularized Gyroscope based Computer Navigation for Knee Replacement and also received Best paper Award on Spine Surgery.







Dr T S Mahant: For Outstanding work in Cardio-vascular Surgeries for under-privileged children

Dr. T S Mahant. is an eminent Cardio Thoracic & amp; Vascular Surgeon, Executive director at Fortis Hospital, Punjab. Dr Mahant has a rich experience of over 34 years; he has performed over 32,000 surgeries including redosurgeries, paediatric surgeries, valve replacements and many complicated bypass surgeries as heart failure cases. His relentless efforts to save the life of young children have made him perform surgeries with miraculous outcomes. He has performed nearly 1300 surgeries for underprivileged children from Punjab and Haryana as part of the NRHM program. His personal involvement in the Rotary Heart line project associated with the Fortis Foundation has led to him performing over 500 surgeries of Children from SAARC and Africa



Dr Ashok Grover: For Outstanding Work in the Field of Ophthalmology

Dr Ashok Grover is Chairman, Deptt of Ophthalmology at Sir Ganga Ram Hospital and Vision Eye Centres in New Delhi. He is former president of Asia Pacific Society of Ophthalmic Plastic and Reconstructive surgery (APSOPRS), All India Ophthalmological Society (AIOS) and Oculoplastics Association of India (OPAI).

Dr Grovar heads Subspecialty Education committee of International Council of Ophthalmology (ICO).He has edited/ authored 5 books, 80 chapters and has over 1000 guest lectures, chaired sessions, live surgeries or presentations all over the globe.



Dr Saurabh Varshney: For Excellence in ENT Services

Presently working as Professor & Head, Department of ENT & Head-neck Surgery, AIIMS, Rishikesh, he is a Fellow of several professional bodies including Fellow, National Academy of Medical Science (FAMS), International Medical Science Academy (FIMSA), and International Hearing Federation (FIHF). **Dr Sara Varughese:** For Outstanding Contribution to Disabled Rehabilitation Services

Dr Sara Varughese, MBBS, DO, FRCS(Edinburgh) MPH (London), is an ophthalmologist and public health specialist who works in the arena of inclusive development, particularly on the issues of people with disability. She worked extensively on development of public health eye programs, and with the World Health Organization, South East Asia regional office as an advisor on disability and rehabilitation. She is the president of the Vision 2020, the Right to Sight India Forum and has been instrumental in developing programs, and influencing policy on eye care, ear and hearing care, mental health and community based rehabilitation. She is currently the director of Christoffel Blinden Mission (CBM) an international disability and development organization.





Dr Kirti Bhushan: For Outstanding Work in Public Health Services

Dr Bhushan worked in various Delhi Government Dispensaries and in Central Jail hospitals. Dr Bhushan Passed MBBS from MAMC in 1978 and done M.D. Biochemistry from MAMC. He worked for six years each in Babu Jagjivan Ram Hospital, Mobile Health Scheme of DHS, NRHM, and Maharishi Valmiki Hospital. He was nominated for WHO fellowship program and completed it successfully. He has also received State Award by the Government of Delhi. He is presently DGHS, Delhi Government.



Dr M C Misra: For Leadership role in Establishing State of Art Trauma Centre

Professor Mahesh Chandra Misra left AIIMS after 37 years of distinguished service on 31st January 2017. He joined Sir Ganga Ram Hospital as Sr. Consultant Surgeon. Prof. Misra is credited with the establishment of Apex Trauma Centre at AIIMS. He possesses multifaceted interests and abilities. Besides being an excellent leading surgeon of the country and Researcher, he has tremendous administrative capabilities. AIIMS witnessed tremendous progress and development during his tenure as Director. He was awarded Commonwealth Medical fellowship in 1988 to undergo training in trauma care services.





Dr NC Borah: For Setting up of First Super Specialty Tertiary Care Hospital in the NE Region

Dr Sushil Kumar Sharma, *MBBS, MD, DM, FACC, Head Department* of Cardiology, Jammu

Dr .Sushil Kumar Sharma, a graduate from Government Medical College (GMC) Jammu, did his MD (Medicine and DM cardiology) from the Post-graduate Institute of medical and Research (PGIMER) Chandigarh.

His sheer hard work resulted in American College of Cardiology (ACC) and European College Of Cardiology (ESC) nominating him as their member from India . There is not an iota of Doubt that interventional cardiology has been new light in Jammu and Kashmir ,since the day He began doing interventions both coronary as well as non coronary . 10000 interventional procedures and counting is what cardiology department has achieved so far. This is accompanied with lowest mortality rate in whole of the Northern India. Though it needs no mention but he has never desisted from taking challenging interventional procedures head on.

Till now he has performed more than 10000 coronary and non coronary procedures including simple and complex angioplasties .he has done more than 1200 pacemakers both single and double chamber . His interaction with the different faculty members where he received special trainings in these procedures both in India and abroad, proved to be beneficial for the patients.





lealth News



Union Minister for Health & Family Welfare, J P Nadda being conferred the World Tobacco Award 2017 for his contribution to global tobacco control by the WHO. The Ministers of State for Health & Family Welfare, Faggan Singh Kulaste and Smt. Anupriya Patel and other dignitaries are also seen.

Nadda Honoured with WHO Award for Global Tobacco Control

P Nadda, Union Minister of Health and Family Welfare wasconferred the WHO Director-General's Special Recognition Award for Global Tobacco Control, recently. The global recognition was presented to him by DrPoonamKhetrapal Singh, Regional Director, WHO South-East Asia at the 'National Consultation on Accelerating Implementation of WHO Framework Convention on Tobacco Control (FCTC) for achievement of SDGs'. Faggan Singh Kulaste and Anupriya Patel, Ministers of State for Health & Family Welfare, were also present at the occasion.

Accepting the award, J P Nadda attributed it to the collective endeavour of the ministry, members of NGO, social activists, civil society organizations and many more who are contributing to this cause in their own ways across the country. "Tobacco is a prime driver of poverty and it affects the family as a whole, the community and the country and requires a multisectoral approach to control it. It has rightly been identified as a development issue. I am happy that tobacco users have reduced by 81 lakhs and the consumption of tobacco by the youth sees marked decrease." Nadda added, "My focus has always been on youth. My mantra for success in tobacco control efforts is "Catch them Young". I am very pleased to note, therefore, that there has been a 54% relative reduction in prevalence of tobacco use among minors (15-17 years) and 28% reduction in the age group of 18-24 years. Further, age of initiation among youth has also increased by one year," Nadda elaborated.

Expressing happiness that India has come a long way in controlling the use of tobacco, he said, "We have implemented large pack warnings with 85% pictorial health warnings on both the sides, conducted second round of Global Adult Tobacco Survey (GATS), strengthened & upscaled cessation facilities with the launch of the toll-free national tobacco Quitline and mCessation services and have made substantial investment under the 12th Five Year Plan for expansion of National Tobacco Control Programme - which has been recognized by WHO as a best practice in its Global Tobacco Control report, 2015."The Health Minister added that India has also put a ban on smokeless tobacco products and has strengthened the implementation of the Tobacco free film and television policy.

Faggan Singh Kulaste, Minister of State for Health & Family Welfare, stated that there is a need for a social movement with all the stakeholders including states participating in it for controlling the tobacco use. Kulaste reiterated the importance of awareness campaigns about tobacco use in schools and colleges in both rural and urban areas. He further said that alternative job/employment avenues for tobacco growers needs to be thought of and deliberated upon.

Anupriya Patel, Minister of State for Health & Family Welfare, stated that with 27 crore users, tobacco consumption in India is second largest in the world. She said that the Centre and State must have dedicated tobacco control cells. Anupriya Patel also highlighted the measures taken by the Ministry through FSSAI to control tobacco use.

Congratulating the Union Minister of Health, DrPoonamKhetrapal Singh, Regional Director, WHO South-East Asia said, "The minister has accelerated India's tobacco control initiatives and taken bold measures to protect people against multiple health, economic, social and development hazards of tobacco use." Pointing out that more than 100 million lives have been lost to tobacco in the 20th Century, she stressed on the tobacco control at the initial stages and said that more focus should be on youngsters.

Also present at the event were Dr JagdishPrasad, DGHS and Dr Arun Kumar Panda, Addl. Secretary along with other senior officers of the ministry and representatives from donor partners, health experts and NGOs.



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